

## 7.0 "Longlife-98"

Approved for all BMW engines, **except:**

CNG,  
from (09/01)  
TU

/E39 (until 02/00)

### 7.1 BMW Longlife-98 oils available via parts sales department

**BMW Super Power Plus SAE 5W-30 has been superseded by BMW Quality Longlife-01 SAE 5W-30**

please refer to Enclosure 5.0 Longlife-01 oils

BMW Super Power Oil SAE 5W-40

ACEA: A3/B3 (CCMC-G5/PD2) or API SJ/CD, EC

Tradename	BMW part number	Container size
BMW Super Power	81 22 9 407 547	1 litre
BMW Super Power	81 22 9 407 002	60 litres
BMW Super Power	81 22 9 407 029	208-litre canister

### 7.2 Names of approved Longlife-98 oils:

Tradename	Viscosity	Manufacturer/Supplier
76 Pure Synthetic Motor Oil	SAE 5W-40	76 Lubricants Company
A.P.B. Motor Oil NDA SAE 5W-40	SAE 5W-40	Ashland
ADDINOL Extra light MV 038	SAE 0W-30	Addinol Lube Oil GmbH
ADDINOL Super light MV 0546	SAE 5W-40	Addinol Lube Oil GmbH
ADDINOL Super power MV 0537	SAE 5W-30	Addinol Lube Oil GmbH
Adnoc Image	SAE 5W-40	Adnoc FOD
Agip Extra HTS	SAE 5W-40	ENI S.p.A.Refining and Marketing Division
Agip TECSINT	SAE 5W-30	ENI S.p.A.Refining and Marketing Division
Antar Excellia LDX	SAE 5W-40	Total
Aral HighTronic	SAE 5W-40	Aral
Aral SuperTronic	SAE 0W-40	Aral
Aral SuperTronic	SAE 5W-30	Aral
Aral SuperTronic	SAE 5W-40	Aral
AVIASYNTH 0W-40	SAE 0W-40	AVIA Mineralöl AG
AVIASYNTH 5W-40	SAE 5W-40	AVIA Mineralöl AG

Azmol Leader	SAE 5W-40	AOT Azmol
Bardahl XTC Syntronic	SAE 5W-40	Bardahl-OCD Nederland b.v.
Bevergold FS	SAE 5W-40	Beverol
BP Euro Plus	SAE 5W-40	BP Oil International
BP Euro Spirit	SAE 5W-40	BP Oil International
BP Visco 5000	SAE 5W-40	BP Oil International
BP Visco 5000 Sports	SAE 5W-40	BP Oil International
BP Visco 5000 Turbo Diesel	SAE 5W-40	BP Oil International
BP Visco 7000 Sport	SAE 5W-40	BP Oil International
BP Visco 7000 Turbo Diesel Sport	SAE 5W-40	BP Oil International
Caltex Havoline Fully Synthetic	SAE 5W-30	Caltex Petroleum Corporation
Caltex Havoline Fully Synthetic	SAE 5W-40	Caltex Petroleum Corporation
Castrol Formula RS Motorsport	SAE 0W-40	Castrol Limited
Castrol Formula RS Motorsport	SAE 5W-40	Castrol Limited
Castrol GTX7 Dynatec	SAE 5W-40	Castrol Limited
Castrol Performance	SAE 5W-40	Castrol Limited
Castrol Syntec	SAE 5W-40	Castrol Limited
Castrol TXT Softec	SAE 5W-40	Castrol Limited
Castrol TXT Softec LL98	SAE 5W-30	Castrol Limited
Castrol TXT Softec Plus	SAE 5W-30	Castrol Limited
Cepsa Star MegaSynthetic	SAE 5W-40	Cepsa Lubricantes S.A.
Cepsa Star Retto Mega-Synthetic	SAE 5W-40	Cepsa Lubricantes S.A.
Chevron Supreme Synthetic	SAE 5W-40	ChevronTexaco
CPC 9000 MB Motor Oil	SAE 5W-40	Chinese Petroleum Corp.
DEA Ultec Syn-T	SAE 0W-40	Shell & DEA Oil GmbH
Divinol Syntholight	SAE 5W-40	Zeller+Gmelin
Driver Plus	SAE 5W-40	Kuttenkeuler GmbH
Duckhams Q 5W-40 Fully Synthetic	SAE 5W-40	Duckhams International
Duckhams QS	SAE 5W-40	Duckhams International
Econo Veritas XL-HC	SAE 5W-40	Oelwerke Julius Schindler
Elf Excellium LDX	SAE 5W-40	Total
Elf Synthese	SAE 5W-40	Total
EmoSynt	SAE 5W-40	Eggert Mineraloel AG
Engen Protecta SL	SAE 5W-40	Engen Petroleum Limited
ESA Syntolub Pilot	SAE 5W-40	ESA, Switzerland
Esso Megatron	SAE 5W-40	ExxonMobil
Esso Ultron	SAE 5W-40	ExxonMobil

Esso Ultron (Fuel Economy)	SAE 0W-30	ExxonMobil
Feu Vert 100% Synthese	SAE 5W-40	Feu Vert
Fina FE 2000 5W-30	SAE 5W-30	Total
Fina First	SAE 5W-40	Total
Galp Energy Ultra	SAE 0W-30	Petrogal SA
Galp Energy Plus	SAE 5W-40	Petrogal S.A.
Galp Formula 1 Plus	SAE 5W-40	Petrogal SA
Galp Formula TD Plus	SAE 5W-40	Petrogal SA
Gulf Formula G	SAE 5W-40	Gulf Oil International
Gulf Formula S	SAE 5W-40	Total
Habot Full Synthetic	SAE 5W-40	Habot
Havoline Synthetic	SAE 5W-40	ChevronTexaco
Havoline Synthetic DS	SAE 0W-30	ChevronTexaco
Havoline Ultra	SAE 5W-40	ChevronTexaco
High Star	SAE 5W-40	Addinol Lube Oil GmbH
Hunold Synt 5W740	SAE 5W-40	Hunold Schmierstoffe GmbH
Idemitsu Zepro Racing	SAE 5W-40	Idemitsu Kosan Co.
Igol Process MB	SAE 0W-30	Igol France, S.A.
Igol Symbol Ceramic	SAE 5W-40	Igol France, S.A.
INA Millennium	SAE 5W-40	INA Maziva Rijeka
JB German Oil Longlife P5	SAE 5W-40	JB German Oil GmbH & Co.KG
Jet Top Level	SAE 5W-40	Conoco
Kendall GT-1 Full Synthetic Motor Oil	SAE 5W-40	Kendall Motor Oil
KunLun SL7CF	SAE 5W-40	Petrochina Lubricant Co.
Labo Carat	SAE 5W-30	Fuchs Labo Auto S.A.
Laike SL/CF	SAE 5W-40	Fujian Laike Petrochemical Co.
Liqui Moly Diesel Synthoil	SAE 5W-40	Liqui Moly
Liqui Moly Leichtlauf HD C7	SAE 5W-40	Liqui Moly
Liqui Moly Profi Synthoil	SAE 5W-30	Liqui Moly
Liqui Moly Synthoil High Tech	SAE 5W-40	Liqui Moly
Lotos Syntetic	SAE 5W-40	Grupa Lotos SA
LUKoil Synthetic	SAE 5W-40	000 Lukoil Permnefteorgsintez
Mannol Extreme	SAE 5W-40	SCT Vertriebs GmbH
Mannol Legend+Ester	SAE 5W-40	SCT Vertriebs GmbH
Marly Gold S1	SAE 0W-40	N.V. Marly S.A.
megol Motorenoel Super Leichtlauf Multisynth	SAE 0W-30	Meguina GmbH
megol Motorenoel Super Leichtlauf	SAE 5W-40	Meguina GmbH
megol Motorenoel Super Leichtlauf RUNNER	SAE 5W-30	Meguina GmbH

megol Motorenoel Ultra Performance Longlife	SAE 5W-40	Meguin GmbH
Millers XFS	SAE 5W-40	Millers Oils Limited
Mobil 1	SAE 5W-40	ExxonMobil
Mobil Special X	SAE 5W-40	ExxonMobil
Mobil Synt S	SAE 5W-40	ExxonMobil
Mobil Synt S Turbo Diesel	SAE 5W-40	ExxonMobil
Mobil Syst S	SAE 5W-40	ExxonMobil
Mol Dynamic Synt	SAE 5W-40	Mol Hungarian Oil and Gas Co.
Mol Dynamic Star	SAE 5W-40	MOL-LUB Lubricant Ltd.
Morris Multilife	SAE 5W-40	Morris Lubricants
Motoroil Plus	SAE 5W-30	ExxonMobil
Motorex Evolution	SAE 5W-30	Bucher AG
Motorex Evolution	SAE 5W-40	Bucher AG
Motorex Select SP-X	SAE 5W-40	Bucher AG
Motorex Xperience FS-X	SAE 0W-30	Bucher AG
Motor Gold Supertec SAE 5W40	SAE 5W-40	Mineralölraffinerie Dollbergen GmbH
Motor Gold Highline	SAE 0W-30	Mineralöl-Raffinerie Dollbergen GmbH
Motul 6100 Synergie	SAE 5W-40	Motul S.A.
Motul 6100 X-cess	SAE 5W-40	Motul S.A.
Motul 8100 Synergie	SAE 5W-40	Motul S.A.
Motul 8100 X-cess	SAE 5W-40	Motul S.A.
Motul Synergie	SAE 5W-40	Motul S.A.
Nasalube 1 Fully Synthetic	SAE 5W-40	PT. Harfacindo Raya
Neste City Pro	SAE 5W-40	Fortum Oil and Gas Oy
OMV Full Syn	SAE 0W-40	OMV AG
OMV syn com	SAE 5W-40	OMV AG
Opaljet 24 S	SAE 5W-40	Unil S.A.
Optima Magnum Plus	SAE 0W-40	Oil Refinery Modrica
Panolin Racing Synth DC	SAE 0W-30	Panolin AG
Pennzoil European Formula Ultra	SAE 5W-30	Pennzoil Quaker State
Pennzoil Synthetic European Formula	SAE 5W-40	Pennzoil Quaker State
Permorfax	SAE 5W-40	Pennzoil Quaker State
Pento High Performance	SAE 5W-40	Deutsche Pentosin-Werke
Pentosynth	SAE 5W-40	Deutsche Pentosin-Werke
Petronas Syntium 3000	SAE 5W-40	Petronas
Petronas Syntium 900	SAE 5W-40	Petronas
Platinum Synthetic	SAE 0W-30	Orlen Oil Sp. zo.o.
Platinum Synthetic	SAE 5W-40	Orlen Oil Sp. zo.o

PO Ultra	SAE 5W-40	Petrol Ofisi A.S:
Profi-Car Synth-Tech	SAE 5W-40	Profi-Tech GmbH
Pyroil Synthetic motor oil	SAE 5W-40	Valvoline
Q1 Diamant Synthetic	SAE 5W-40	Beckmann Mineralölhandel GmbH
Q8 Formula Exclusive	SAE 5W-30	Kuwait Petroleum
QS Synquest	SAE 5W-40	Comercial Importadora S.A. de C. V.
Quaker State De Luxe	SAE 5W-40	Oel-Brack AG
Quaker State Full Synthetic European Formula	SAE 5W-40	Pennzoil Quaker State
Quaker State Synquest	SAE 0W-30	Oel-Brack AG
Quaker State Synquest	SAE 5W-40	Oel-Brack AG
Ravenol Hydrocrack Synth.HCS	SAE 5W-40	Ravensberger Schmierstoffvertrieb GmbH
Ravenol VSI	SAE 5W-40	Ravensberger Schmierstoffvertrieb GmbH
Repsol Elite Competicion	SAE 5W-40	Repsol YPF
Repsol Elite Cosmos	SAE 0W-40	Repsol YPF
Rotary 1 Fully Synthetic	SAE 5W-40	PT Harfacindo Raya
Selenia Digitech	SAE 0W-30	FL Selenia s.p.a.
Shell Helix Diesel Ultra	SAE 0W-40	Shell International Petroleum Company
Shell Helix Diesel Ultra	SAE 5W-30	Shell International Petroleum Company
Shell Helix Diesel Ultra	SAE 5W-40	Shell International Petroleum Company
Shell Helix Plus	SAE 5W-40	Shell International Petroleum Company
Shell Helix Plus S	SAE 5W-40	Shell International Petroleum Company
Shell Helix Ultra	SAE 0W-30	Shell International Petroleum Company
Shell Helix Ultra	SAE 0W-40	Shell International Petroleum Company
Shell Helix Ultra	SAE 5W-30	Shell International Petroleum Company
Shell Helix Ultra	SAE 5W-40	Shell International Petroleum Company
Sheng Ma	SAE 5W-40	Beijing Tong Yi Petroleum Chemical
Sigma PAO	SAE 5W-40	LG Caltex Oil Corporation
Sonol LL Super	SAE 5W-40	Sonol Israel Ltd.
SPC Syn Ace	SAE 5W-40	Singapore Petroleum Company Ltd.
Statoil Lazerway	SAE 5W-40	Svenska Statoil AB
Statoil GT S	SAE 5W-40	Svenska Statoil AB
S-Tronic	SAE 5W-40	Kuttenkeuler GmbH
swd Concep-Tech VS	SAE 0W-40	Swd Lubricants GmbH & Co. KG
swd Primus HDC	SAE 5W-40	Swd Lubricants GmbH & Co. KG
swd Primus Ultra	SAE 0W-30	Swd Lubricants GmbH & Co. KG
Syncon TM High Performance Synthetic Engine Oil	SAE 5W-40	ConocoPhillips International Inc.
SYNT X Vollsyntheseöl SAE 5W-40	SAE 5W-40	Hubert Math. Müller Handelsges. mbH

SYNT XL	SAE 5W-40	Hubert Math. Müller Handelsges. mbH
Syntronic Plus	SAE 5W-40	Kuttenkeuler GmbH
Teboil Diamond	SAE 5W-40	Suomen Petrooli Oy
Titan Supersyn SL	SAE 5W-30	Fuchs Petrolub AG
Titan Supersyn SL	SAE 5W-40	Fuchs Petrolub AG
Top Evolution	SAE 5W-40	Top Oil Products Co. Ltd
Top Lube Ultra Diamond	SAE 5W-40	ABS Lubricants
Tor Hypersynth	SAE 5W-40	De Oliebron
Total Activa 9000	SAE 5W-40	Total
Total quartz 9000	SAE 5W-40	Total
Triathlon Synthetik	SAE 5W-40	Adolf Würth GmbH
Trli-Hera Vigor Turbo Plus Fully Synthetic	SAE 5W-40	TRLI Enterprise Co.Ltd.
Ultra Gold	SAE 5W-40	Greatwall Lube Oil Co. SINOPEC
Ultrasyn Plus	SAE 0W-40	Kuttenkeuler GmbH
Unicorn Ultrasynth	SAE 5W-40	Unicorn Oil Company
United 1 Fully Synthetic	SAE 5W-40	United Oil Company PTE Ltd.
Unoil GX-7	SAE 5W-40	ExxonMobil
Valvoline Durablend MXL	SAE 5W-40	Valvoline
Valvoline Syn Power	SAE 5W-30	Valvoline
Valvoline Syn Power	SAE 0W-40	Valvoline
Valvoline Syn Power	SAE 5W-40	Valvoline
Valvoline Syn Pro	SAE 5W-30	Valvoline
Valvoline Syn Pro	SAE 5W-40	Valvoline
Valvoline Syn Pro Diesel	SAE 5W-40	Valvoline
VAT SynGold	SAE 5W-40	Polonia Nederland b.v.
Veedol Powertron	SAE 5W-30	Veedol International
Veritas Syntolube	SAE 5W-40	Ölwerke Julius Schindler
Virada Top	SAE 5W-40	VEBA Oel AG
Wako's ex-Synthe	SAE 5W-40	Wako Chemical Co. Ltd.
Wako's 4CT	SAE 5W-40	Wako Chemical Co. Ltd.
Westfalen Gigatron Motoröl	SAE 0W-40	Westfalen AG
Westfalen Megatron Motoröl	SAE 5W-40	Westfalen AG
Wintershall VIVA 1 energy	SAE 5W-30	SRS Schmierstoff Vertrieb GmbH
Wintershall VIVA 1 synth	SAE 5W-40	SRS Schmierstoff Vertrieb GmbH
Wintershall VIVA 1 topsynth alpha	SAE 5W-30	SRS Schmierstoff Vertrieb GmbH
Wintershall VIVA 1 topsynth	SAE 5W-40	SRS Schmierstoff Vertrieb GmbH
Wolf Masterlube Synflow DC	SAE 5W-40	Wolf Oil s.a
Wolf Masterlube Synflow Plus	SAE 0W-40	Wolf Oil s.a.

Wolf Masterlube Synflow Plus SAE 5W40	SAE 5W-40	Wolf Oil s.a.
Yacco VX 1000	SAE 5W-40	Yacco S.A.S
Yacco VX 600	SAE 5W-40	Yacco S.A.S.
Yellow Hat Magmax SJ	SAE 5W-40	Yellow Hat Co. Ltd
York 748	SAE 0W-30	Ginouves Georges S.A.
ZIC QX	SAE 0W-40	SK Corporation